

Seven *Expressions of Love*

7-MONTH HEART AWAKENING MEDITATION & HEALING
COURSE



Welcome to the *Course on Love*

For your convenience, we arranged two sessions per day, so you may choose which time zone suits you best:

SPIRITUAL PRACTICE

Opening Ceremony

THE DATE

February 5

THE TIME

Option 1 - 11:00 CET & 18:00 GMT +8
Option 2 - 11:00 Pacific Time



Earth *Love*

SPIRITUAL PRACTICE

*LIVE Spiritual Sharing &
Meditation Session*

THE DATE

February 6

THE TIME

*Option 1 - 11:00 CET & 18:00 GMT +8
Option 2 - 11:00 Pacific Time*

*LIVE Integration &
Sharing Session*

February 20

*Option 1 - 11:00 CET & 18:00 GMT +8
Option 2 - 11:00 Pacific Time*

Self Love

SPIRITUAL PRACTICE

*LIVE Spiritual Sharing &
Meditation Session*

THE DATE

March 6

THE TIME

*Option 1 - 11:00 CET & 18:00 GMT +8
Option 2 - 11:00 Pacific Time*

*LIVE Integration &
Sharing Session*

March 20

*Option 1 - 11:00 CET & 18:00 GMT +8
Option 2 - 11:00 Pacific Time*

Human *Love*

SPIRITUAL PRACTICE

*LIVE Spiritual Sharing &
Meditation Session*

THE DATE

April 3

THE TIME

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

*LIVE Integration &
Sharing Session*

April 17

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

Family *Love*

SPIRITUAL PRACTICE

*LIVE Spiritual Sharing &
Meditation Session*

THE DATE

May 1

THE TIME

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

*LIVE Integration &
Sharing Session*

May 15

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

Romantic *Love*

SPIRITUAL PRACTICE

*LIVE Spiritual Sharing &
Meditation Session*

THE DATE

June 5

THE TIME

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

*LIVE Integration &
Sharing Session*

June 19

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

Divine Sacred *Love*

SPIRITUAL PRACTICE

THE DATE

THE TIME

*LIVE Spiritual Sharing &
Meditation Session*

July 3

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

*LIVE Integration &
Sharing Session*

July 17

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

Agape *Love*

SPIRITUAL PRACTICE

*LIVE Spiritual Sharing &
Meditation Session*

THE DATE

August 7

THE TIME

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

*LIVE Integration &
Sharing Session*

August 21

*Option 1 - 12:00 CET & 18:00 GMT +8
Option 2 - 12:00 Pacific Time*

Additional Events



Sacred Healing Ritual 1

Date: April 24th

Session 1:

12:00 – 12.30 CET & 18:00 – 18.30 GMT +8

Session 2:

12.00-12.30 Pacific Time



Sacred Healing Ritual 2

Date: July 24th

Session 1:

12:00 – 12.30 CET & 18:00 – 18.30 GMT +8

Session 2:

12.00-12.30 Pacific Time





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Embark on your *Sacred Journey.*

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